

HEALTH INTAKE FORM

Name _____ Preferred Name _____ Age _____ Weight _____ Height _____

What's the reason for today's visit? _____

Have you had similar symptoms in the past? ☐ Yes ☐ No When? _____

Briefly describe how your problem began. _____

Date of onset/injury ____/____/____ Date of surgery ____/____/____ Type of surgery _____

Occupation _____ Type of work _____ Current work status _____

Do you drive? ☐ Yes ☐ No Do you have any lifting restrictions? ☐ Yes ☐ No Hand dominance ☐ Right ☐ Left
Do you live alone? ☐ Yes ☐ No Do you have stairs where you live? ☐ Yes ☐ No

What goals would you like to achieve through therapy? ☐ Reduced pain ☐ Increased mobility ☐ Increased strength
Other specific goals include _____

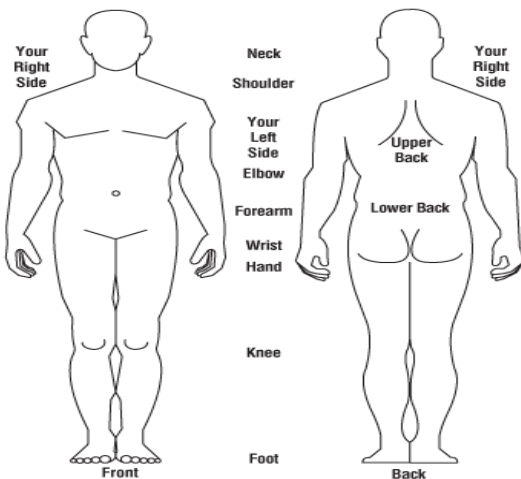
Check any diagnostic tests received for this problem. Date tested ____/____/____ Body part tested _____
☐ Blood work ☐ Bone scan ☐ CT scan ☐ EMG ☐ MRI ☐ Ultrasound ☐ X-ray ☐ Other _____

If you have received or are currently receiving treatments for your current chief complaint, please check all that apply.

☐ Aquatic therapy ☐ Injections ☐ Pain management ☐ Surgical intervention
☐ Brace/Tape ☐ Massage ☐ Personal/Athletic training ☐ Other _____
☐ Chiropractic care ☐ Mechanical traction ☐ Physical therapy

Please mark diagram to show area of pain.

Please rate your pain. 0 is no pain. 10 is worst pain you can imagine.



Wong-Baker FACES™ Pain Rating Scale



Current level of pain _____

Worst level of pain in last three days _____

Best level of pain in last three days _____

Since it started, the pain is ☐ Worse ☐ Better ☐ Same

Where did your pain start? _____

My pain is ☐ Intermittent ☐ Constant ☐ Aching ☐ Shooting ☐ Sharp ☐ Cramping ☐ Other _____
☐ Throbbing ☐ Squeezing ☐ Dull ☐ Stabbing ☐ Sore ☐ Burning

What makes it worse? _____

What makes it better? _____

Does time of day affect pain? ☐ Yes ☐ No Does pain wake you from sleep? ☐ Yes ☐ No

Do you have tingling, numbness or loss of sensation? ☐ Yes ☐ No Weakness? ☐ Yes ☐ No Swelling? ☐ Yes ☐ No

If so, where? _____

Have you fallen two or more times in the past 12 months? ☐ Yes ☐ No Have you been injured as a result? ☐ Yes ☐ No

HEALTH INTAKE FORM (page 2)

How would you rate your current health? ☐ Excellent ☐ Very good ☐ Good ☐ Fair ☐ Poor

Please check the corresponding box to indicate if you have or have had any of the following conditions.

<input type="checkbox"/> Diabetes	<input type="checkbox"/> Alzheimer's Disease/Dementia	<input type="checkbox"/> Asthma
<input type="checkbox"/> Fibromyalgia	<input type="checkbox"/> Cerebral palsy	<input type="checkbox"/> Difficulty breathing
<input type="checkbox"/> Lupus	<input type="checkbox"/> Headaches/Migraines	<input type="checkbox"/> Shortness of breath
<input type="checkbox"/> Lyme disease	<input type="checkbox"/> Multiple sclerosis	<input type="checkbox"/> Emphysema
<input type="checkbox"/> Lymphedema	<input type="checkbox"/> Parkinson's disease	<input type="checkbox"/> A-Fib
<input type="checkbox"/> Obesity	<input type="checkbox"/> Seizures/Epilepsy	<input type="checkbox"/> Angina/Chest Pain
<input type="checkbox"/> Thyroid disorder	<input type="checkbox"/> Traumatic Brain Injury	<input type="checkbox"/> Cardiac Stents/Bypass
<input type="checkbox"/> Bleeding disorder	<input type="checkbox"/> TIA/CVA/Stroke	<input type="checkbox"/> COPD
<input type="checkbox"/> Hernia	<input type="checkbox"/> Psychiatric Disorder	<input type="checkbox"/> Heart disease
<input type="checkbox"/> Rheumatoid arthritis	<input type="checkbox"/> Anxiety/Depression	<input type="checkbox"/> Congestive heart failure
<input type="checkbox"/> Osteoarthritis	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> High blood pressure
<input type="checkbox"/> Osteoporosis/Osteopenia	<input type="checkbox"/> HIV/AIDS	<input type="checkbox"/> Low blood pressure
<input type="checkbox"/> Scoliosis	<input type="checkbox"/> Acid Reflux/Ulcers	<input type="checkbox"/> High cholesterol
<input type="checkbox"/> Disc herniation	<input type="checkbox"/> Kidney Disease	<input type="checkbox"/> Cancer – Type _____
<input type="checkbox"/> Dislocation - Site _____	<input type="checkbox"/> Bowel/Bladder Dysfunction	<input type="checkbox"/> Other _____
<input type="checkbox"/> Fractures - Site _____	<input type="checkbox"/> Incontinence	<input type="checkbox"/> Other _____
<input type="checkbox"/> Currently pregnant # of weeks _____	<input type="checkbox"/> Hard of Hearing	<input type="checkbox"/> Other _____

Do you have or use the following?

- | | | | | |
|---|--|---|--|--|
| <input type="checkbox"/> Glasses/Contacts | <input type="checkbox"/> Knee braces | <input type="checkbox"/> Crutches | <input type="checkbox"/> Pain pump | <input type="checkbox"/> Spinal stimulator |
| <input type="checkbox"/> Dentures | <input type="checkbox"/> Back braces | <input type="checkbox"/> Cane | <input type="checkbox"/> Insulin pump | <input type="checkbox"/> Grab bars |
| <input type="checkbox"/> Hearing aids | <input type="checkbox"/> Breast implants | <input type="checkbox"/> Walker | <input type="checkbox"/> Baclofen pump | <input type="checkbox"/> Ramp into home |
| <input type="checkbox"/> Shoe orthotics | <input type="checkbox"/> Metal implants | <input type="checkbox"/> Wheelchair | <input type="checkbox"/> Hydrocephalus shunt | <input type="checkbox"/> Stair glide |
| <input type="checkbox"/> AFO/Ankle braces | <input type="checkbox"/> Pacemaker | <input type="checkbox"/> Scooter/Rollator | <input type="checkbox"/> Deep brain stimulator | <input type="checkbox"/> Other |

List all previous surgeries and dates for the last 5 years.

_____	_____	_____
_____	_____	_____

List (or provide list of) all current medications/supplements, dosage, and frequency. Write on back, if needed.

_____	_____	_____
_____	_____	_____

List all allergies that you may have. _____

Are there any beliefs, values, rules, or customs that the therapist needs to consider when treating you?

To the best of my ability, I have given and included all pertinent medical information.

Patient/Guardian signature _____ Date _____

Patient name printed _____